

Senior Times™

SOUTH CENTRAL MICHIGAN

South Central Michigan Senior Times 2018/19 Editorial Dates – Focus on Fun (Volume 25)

A NEWSPAPER FOR AND ABOUT AREA SENIOR ADULTS

MONTH	LEAD TOPIC	COPY	PRINT	DELIVER
January 2018	Genealogy / Michigan History Ask for Valentine Messages	12/11	12/22	12/26
February 2018	Self Esteem Month / Decluttering Valentines Greetings	1/10	1/25	1/30
March 2018	Weather Almanac / Weather Safety / Star Gazing Spring Cleaning / Home Care Providers / Staying Home Alone	2/9	2/22	2/27
April 2018	Cancer Control Month Celebrating the Volunteer / National Volunteer Month	3/9	3/22	3/27
May 2018	Honoring Older Adults Older American's Month / National Nursing Home Month	4/10	4/19	4/24
June 2018	Sandwich Generation / To Do List's For Parents Advanced Directives / Legal Issues	5/10	5/25	5/29
July 2018	National Park & Rec Month / Travel Cell Phone Courtesy Month	6/11	6/21	6/26
August 2018	Alternative Health (More Herbs Less Salt Day) Medicare / Medicaid Update / County Fairs	7/10	7/26	7/31
September 2018	Healthy Aging Month / Assisted Living Week Dementia Update / Ask For Recipes	8/10	8/23	8/28
October 2018	Eat Better, Eat Together Month Recipes / World Food Day	9/10	9/20	9/25
November 2018	National Lifewriting Month / Traditions / Heritage National Caregivers Month / Holidays with Grandkids	10/10	10/25	10/30
December 2018	Home Safety / Mobility / Transportation Assistive Devices	11/9	11/21	11/27
January 2019	International Creativity Month Retirement vs Charting a New Career	12/10	12/20	12/26

Email Editorial to Sherii Sherban, Publisher: ssherban@wwthayne.com
(269) 979-1412 x302 • www.scenepub.com/seniortimes

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4642 Capital Avenue SW, Battle Creek, MI 49015 ■ PH (269) 979-1479 ■ FX (269) 979-3474 ■ www.scenepub.com

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